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## **UIPM HOSTS FIRST-EVER LEVEL 4 COACHING COURSE IN PARIS (FRA)**



The eighth and final UIPM Coaches Course of 2018 took place in the 2024 Olympic Games host city of Paris – and it was worth waiting for.



For

the first time, a cohort of coaches completed the Level 4 stage of the UIPM Coaching Certification Programme (CCP) after five days of tuition in the capital of France from December 10-14.

Six coaches attended the course at the National Institute of Sport, Expertise and Performance (INSEP), all coming from different countries and representing the continents of America, Africa and Europe.

Each coach had to submit in advance a manuscript about a proposed coaching subject, which became the subject of an oral exam. The manuscripts will be published on the UIPM educational platform in due course.

As with all other CCP courses, the coaches also had to pass an anti-doping e-learning assessment but it was the first time a CCP syllabus had included a module about athlete safeguarding and harassment prevention, in line with the UIPM Athlete Safeguarding Policy.

Apart from UIPM Instructors, talks were delivered by high-level French sports professionals working for INSEP, other national sporting federations and the national anti-doping agency.



UIPM Operations Manager Alexandre Franca said: “We had great support from the French Federation of Modern Pentathlon (FFMP) to organize the course in their national sports excellence centre with access to state-of-the-art facilities as well as to a modern medical sport centre and sport science labs.”

Christian Roudaut, UIPM Coaches Committee Chair, added: “Students had talks about a wide range of subjects including advance topics about training for the five Modern Pentathlon disciplines, general physical preparation, ethics in sport, sports psychology in pentathlon, planification and periodization, doping prevention, team management, the importance of pentathlon rules knowledge, budget management and the use of sports sciences in pentathlon.”

Visit the UIPM educational platform to find a range of resources for athletes, coaches and judges.